



# QUESTIONS TO EXPLORE

The Questions to Explore are designed to serve as whole-class or small-group discussion prompts, or as journaling questions. Encourage students to be thoughtful, respectful, and honest with both their own answers and their comments to others. Following are additional ideas for using the Questions to Explore in the classroom:

- **Ticket Out of Class:** Give each student a Ticket Out of Class (see printable below) and have him or her write an answer to one of the questions as a personal ticket out of class for the day.
- **Pair & Share:** Have each student discuss a question with a peer. Then, ask every pair to share their thoughts with the class.
- **Grab Bag:** Select the questions that your students will answer over the course of the Warriors to Summits expedition. Print the questions on notecards, put them in a bag, and allow a different student each day to randomly select one for the class to discuss; or provide a student with the entire list of questions to pick one that he or she finds interesting.
- **First 5 Minutes:** Establish a routine of journal writing for the first five minutes of each day.
- **Challenge Assumptions:** Ask students to question their assumptions. What aspects of their answers, or the questions, can they create inquiries about? What assumptions should they question?
- **Write Your Own:** Encourage students to write their own questions focused on the Warriors to Summits expedition for the class to explore.

## Questions

1. Would you like to serve in the military? If so, which branch? Why do we use the word “serve” instead of “work in” or “work for”?
2. Over the course of your life, what adventure would you like to try, and why? Whom would you bring with you? Why would you choose that person to go on this adventure with you?
3. What is the most challenging thing you have ever done? How did this experience challenge you? Did it change you? How? What did you learn from this experience?
4. What could you invent to assist one of the climbers? What purpose would your invention serve? How would it assist a warrior in completing his or her climb? How would you build it?
5. Name one thing that scares you and explain why. How can you change this fear into a challenge? How might you overcome this challenge?
6. What are 10 things that make you happy? How might that list change if you broke your arm? Or couldn't play your favorite sport? Or became blind? Or had to change schools?
7. How would you respond if there was a new student in your school with a physical disability?
8. Describe the last time you helped someone. How did you help that person, and how did it make you feel?
9. List the things you do, in sequence, before you go to school every morning. Now imagine you lost your right or left arm in an accident. What would change about your morning routine?
10. What services are available in your community for returning veterans? How do these programs help veterans transition back to civilian life?
11. How would you define teamwork? Describe a time when you felt part of a group that was working as a team.



**NO BARRIERS**  
YOUTH

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- 12.** How is working as part of a team different from working independently? Which situation do you prefer? Why?
- 13.** We all know that our words can both hurt and encourage others. Think about someone you know who is facing a challenge. How can you use your words to encourage her or him today?
- 14.** What is your favorite inspirational quotation or saying? What do you like about it? How does it encourage you in difficult situations?
- 15.** Pretend you are in the U.S. Congress. Would you advocate for a law designed to help support veterans coping with service-related disabilities? What might that law provide?
- 16.** What do you believe will be your greatest challenge in school this year? What resources do you have for support? Who in your family, school, or community can you use as a support system when you face a challenge?
- 17.** More than 5.5 million of the 21.9 million veterans in the United States are coping with service-related disabilities. How does your community support these veterans?
- 18.** What character traits do you possess that would make you a great guide on this expedition? Why are these traits valuable in situations where teamwork is mandatory for success?
- 19.** Who is part of your personal success team? Who encourages you and supports your goals?
- 20.** How can you become a part of someone else's support team? How can you use your skills and talents to help someone else reach his or her goal?
- 21.** If you could change anything about (our school), (our city), (our country), (the world), what would that be?
- 22.** What is your biggest dream? Does this dream affect how you live your life? How?
- 23.** What is your biggest worry or concern? Does this concern affect how you live your life? How?
- 24.** What accomplishment are you most proud of? Why?
- 25.** What do you think the warriors are most concerned about right now? If you could send them one sentence of encouragement, or a tweet, what would it say?



# TICKET OUT OF CLASS

**Question:**

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**Student Answer:**

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# TICKET OUT OF CLASS

**Question:**

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**Student Answer:**

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